



# Muses

## Revealing the Nature of Inspiration

### Julia Forster

**new title**

**SALES POINTS:**

- **Bite-sized chronology of muses from ancient Greece to the 21st century**
- **Explodes the myth that muses are always women: instances of male and mutual musing are explored, examined and explained**
- **Unique insight into inspirational relationships is uncovered by applying new science to the phenomenon of musedom**
- **Appeals to both History/Literature market and New Age/Mind Body Spirit**

**MARKET:**

**History, Literature, New Age, Mind/Body/Spirit**

**DESCRIPTION:**

Muses have fascinated for millennia yet seldom receive as much exposure as the artistic geniuses they inspire. Of any age, descent or gender, muses enchant simply by being themselves; this innate capacity to inspire has been commonplace for many years yet these catalysing forces are little understood.

New science places much emphasis on the role of the observer as the catalyst or creator of reality, and explains what is happening 'energetically' when two human beings relate to each other in the same space and time – or even when they're not in each others' presence. Challenging dualistic Cartesian philosophy and classical Newtonian physics by proposing an interconnected, quantum view of the world, new science can help us to better understand the magic of muses and it can even help us to channel inspiration more prominently into our everyday lives.

Offering an 'ecology' of inspiration, *The Muses* lends a fresh perspective to what happened when Lewis Carroll played with Alice Liddell; when Rainer Maria Rilke dreamt of Lou Andreas Salomé or when John Lennon wrote for his one and only Yoko Ono. Taking this new insight to the edges of the 21st century, the book finishes with a chapter on the future of inspiration.

Giving long overdue attention to both famous and lesser-known muses, Julia Forster takes a novel approach to the nature of inspiration in this essential guide to how muses work. **includes:**

*Yoko Ono, Sylvia Plath, , Alice Liddell, Lucia Joyce, Frederick Ashton, Lou Andreas Salomé, The White Goddess, The Art of Dreaming, Zero Point Field, Human Energy* and much more

**AUTHOR BIOGRAPHY:**

**Julia Forster** writes fiction by night and by day works as a freelance Thought Pilot (a job title she made up) consulting on creative processes using imagination, inspiration and intuition. She lives in Bristol.

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